

LUNCH MENU

THE REGIONAL

MONDAY - SATURDAY
11:30AM - 2:30PM

LET'S LUNCH	GREENS
TOMATO PIE roasted tomatoes, sharp cheddar, caramelized onions, herbs add house salad - 4 12	CLASSIC CAESAR SALAD 10 romaine hearts, domestic parmesan, croutons, white anchovy
PICKLED SHRIMP 12 house Old Bay, sweet onions, roasted tomatoes, avocado, radish	BUTTER LETTUCE SALAD 11 avocado, radish, roasted tomatoes, crispy onion, buttermilk ranch
CHICKEN NOODLE SOUP 8 hand-cut dumplings, confit chicken, celery, lemon	SHAVED VEGETABLE SALAD 11 roasted & raw market vegetables, feta, watercress, charred chickpeas, melba toast
ROASTED TOMATO SOUP 8 grana padana, breadcrumbs, picked herbs	SALAD ADD ONS herb-grilled chicken breast - 7 FL shrimp - 8 skirt steak - 8
CRISPY SCALLION 7 down-under inspired, horseradish dip	SOUTHERN COBB SALAD 15 fried chicken, vine ripe tomatoes, deviled egg, crispy bacon, cornbread croutons, romaine, buttermilk ranch
PIMENTO CHEESE 12 traditional- piquillo peppers & herbs 'all the way'- crispy bacon, roasted jalapeños add FL blue crab - 4	TOASTED
JOIN US FOR PUBLIC HOUR MON-FRI 5:00PM-7:00PM 2 FOR 1 DRINKS \$6 APPETIZERS	FRIED CHICKEN SANDWICH 15 sweet-tea brined chicken breast, house ranch aioli, shredded lettuce, pickles & shoestring potatoes
 Complimentary Valet Bar Menu Good Vibes	PATTY MELT 14 old school rye, caramelized onions, 1000 island, hoop cheddar & shoestring potatoes
* Eating raw or undercooked fish, shellfish, eggs or meat increases risk of food borne illnesses	ROASTED & STUFFED PIQUILLO PEPPERS 13 braised sorghum, oyster mushrooms, roasted tomatoes, goat cheese
	HOUSE SAUSAGE DOG 12 caramelized onion, whole grain mustard, potato roll
	CHEF Lindsay autry

meat 'n three

a phrase implying “glorious vittles
served with utmost informality”
pick a “meat” and 3 sides

PICK ONE

FRIED CHICKEN THIGHS 14
OR BREAST 15

FRESH FL CATCH 17
crispy cornmeal dusted or pan seared

GRILLED SKIRT STEAK TOAST
WITH AVOCADO & TOMATO 19

HERB ROASTED SALMON 19

ROASTED 1/2 CAULIFLOWER 14

PICK 4 SIDES 14

NOW PICK THREE

MARINATED FL TOMATO SALAD

DEVEILED EGGS

SORGHUM TABBOULEH

HOUSE SALAD

HAND CHOPPED COLESLAW

MARKET FRUIT

BRAISED PEAS & GREENS

BRUNSWICK STEW

CRISPY BRUSSEL SPROUTS
& HOUSE SAUCE