

HOT SUBS

Meatball Parmigiana
Sausage Parmigiana
Chicken Parmigiana
Eggplant Parmigiana
Veal Parmigiana
Sausage, Broccoli Rabe
& Fresh Mozzarella

Grilled Chicken
Fresh mozzarella, red onions, sun-dried
tomatoes, roasted peppers, field greens &
balsamic vinaigrette
Chicken Verona
Chicken cutlets & arugula salad

COLD SUBS

Ham, Salami & Provolone
Turkey & Fontina
Pepperoni & Provolone

Roast Beef & Fontina
Pepperoni, Salami
& Provolone

***All Cold Subs Are Garnished w/ Lettuce, Tomatoes,
Onions & Red Wine Vinaigrette**

CHEESESTEAKS

Steak
Chicken

1. Provolone, Sautéed Onions & Mushrooms w/ Lettuce,
Sliced Tomatoes & Vinaigrette
2. Sautéed Onions, Hot Peppers, Chopped Tomatoes & Fontina
3. Sautéed Onions, Green Peppers, Mushrooms
& Ragú Topped w/ Mozzarella
4. Provolone w/ Bacon, Lettuce, Sliced Tomatoes, Red Onions,
Garlic & Roasted Pepper Dressing
5. Sautéed Onions & Mushrooms w/ BBQ Sauce & Fontina Cheese

FOCACCIA SANDWICHES

1. Prosciutto, Fresh Mozzarella, Sliced Tomatoes, Basil & Olive Oil
2. Grilled Chicken, Fontina, Tomatoes, Red Onions,
Field Greens & Red Wine Vinaigrette
3. Roast Beef, Turkey, Provolone, Tomatoes,
Lettuce, Red Onions & Red Wine Vinaigrette
4. Grilled Portobello, Fresh Mozzarella,
Roasted Peppers & Arugula Salad
5. Turkey, Fontina, Arugula,
Grape Tomatoes & Balsamic Vinaigrette

SIDE ORDERS

Sauce
Pasta
Meatballs
French Fries
Sausage
Side Salad
Sautéed Spinach

Sautéed Broccoli
Sautéed Broccoli Rabe
Garlic Potatoes
& Broccoli Rabe
Sausage, Peppers,
Onions & Potatoes
Chicken Tenders

WARNING FOR GLUTEN-FREE OPTIONS

*Gluten-Free Options are 100% gluten-free,
but prepared in a non gluten-free environment.
Negligible cross contamination is possible.*

PIZZAS

Cheese
1 Topping
2 Toppings
3 Toppings

Extra Toppings
Sausage, Pepperoni, Ham, Meatballs,
Anchovies, Zucchini, Eggplant, Green
Peppers, Onions, Mushrooms, Garlic,
Black Olives, Hot Peppers, Broccoli,
Spinach, Extra Cheese

***An Additional 0.50 per Premium Topping on 10"**
***An Additional 1.00 per Premium Topping on 16"**
***Whole-Wheat & Gluten-Free Crust Available**

GOURMET RED PIZZAS

Supreme

Green peppers, onions, mushrooms,
sausage & pepperoni

Margherita

Plum tomatoes, olive oil, basil
& fresh mozzarella

Monte Carlo

Plum tomatoes, olive oil, basil, fresh
mozzarella, roasted red peppers
& sun-dried tomatoes

Vodka

Pink vodka sauce, fresh mozzarella,
black peppers & basil

Meat Lovers

Sausage, pepperoni, meatballs, ham & bacon

Con Pollo

Demi cream sauce, chicken, Portobello
mushrooms & fresh mozzarella

Sicilian

Cheese Calzone
Cheese Stromboli

Premium Toppings
Fresh Mozzarella, Ricotta,
Sun-Dried Tomatoes, Roasted Peppers,
Artichokes, Grilled Chicken,
Broccoli Rabe, Bacon, Shrimp,
Portobello Mushrooms

Eggplant Parmigiana

Ragu sauce, eggplant, ricotta & parsley

Chicken Parmigiana

Ragu sauce, chicken cutlets,
ricotta & parsley

Broccoli Rabe & Sausage

Sausage, broccoli rabe, garlic, plum
tomatoes & fresh mozzarella

Marinara Vegetali

Broccoli, zucchini, mushrooms, onions,
tomatoes, green peppers & yellow squash

Piccanti

Sausage, hot peppers, onions, sliced
tomatoes, spinach & provolone

Italian Cheesesteak

Peppers, onions, mushrooms, seasoned
beef & fontina cheese

GOURMET WHITE PIZZAS

Bianca

Ricotta, fresh mozzarella & parsley

Capri

Sliced tomatoes, fresh mozzarella,
olive oil & basil

Chicken Pesto

Grilled chicken, prosciutto, chopped
tomatoes & fresh mozzarella

Primavera

Broccoli, zucchini, mushrooms, tomatoes,
onions & yellow squash

Scampi

Shrimp, mozzarella, garlic & parsley

Spinach & Ricotta

Mozzarella, spinach & ricotta

BLT

Mozzarella, bacon, lettuce, tomatoes
& mayonnaise

Cajun Chicken

Grilled chicken, mozzarella, red onions,
tomatoes, lettuce & Cajun vinaigrette

Hawaiian

(Red or White) Ham, pineapple & ricotta

Melanzana

Prosciutto, eggplant, sliced tomatoes,
spinach, ricotta & Asiago cheese

Buffalo Chicken

Mozzarella, spicy, boneless
& Buffalo chicken

Arugula

Baby arugula, roasted peppers, red onions
& fresh mozzarella w/ a balsamic vinaigrette

Vedura

Roasted vegetables, spinach, chopped
tomatoes, ricotta, fontina & provolone

BBQ Chicken

Tangy homemade BBQ sauce

*****ECRWSS****

Local Postal Customer

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TAKE OUT MENU



100 REAVILLE AVE. FLEMINGTON, NJ 08822

(908) 237-2700

FAX (908) 237-2702

"Extensive Gluten-Free Menu"

Delivery 7 Days a Week

\$15 Minimum

**MONDAY
NIGHT SPECIAL**
Half Price Entrées

4 PM – 9 PM

Dine-in Only •

Cash Only

**Must Purchase
a Beverage**



**TUESDAY
SPECIAL**

Buy 1 Pizza

**Get 1 Pizza Free of
Equal or Lesser**

Value

12 PM - 9 PM

Dine-in or Pick-up

Only

Cash Only

Dine-In - Take Out - Catering
Last Minute Catering Available

www.alfrescosnj.com



APPETIZERS

Burrata
Served w/ arugula, grape tomatoes & artichokes
Eggplant Rollatini
Stuffed w/ ricotta, topped w/ ragú sauce & mozzarella
Fried Calamari
W/ hot or sweet sauce (for both – additional 1.00)
Sausage & Broccoli Rabe (Red or White)
Choice of garlic & oil or plum tomato sauce
Buffalo Calamari
Fried calamari tossed in a classic Buffalo sauce hot or mild, topped w/ gorgonzola
Artichokes Francese
Served over farro primavera
Mussels Marinara or Fra Diavolo
Sautéed w/ olive oil, garlic & plum tomatoes. Served hot or mild

Zuppa di Clams
Olive oil, garlic, white wine & plum tomato broth
Garlic Bread
Garlic Bread w/ Cheese
Sesame Chicken Tenders
Served w/ Asian dipping sauce
Mozzarella Sticks
Boneless Wings (Buffalo or BBQ)
Shrimp Cosmo
Garlic shrimp, tossed w/ grilled yellow squash, zucchini, graped tomatoes & quinoa
Caprese Salad
Fresh mozzarella, sliced tomatoes, roasted peppers & balsamic
Antipasto
Field greens, pepperoni, salami, provolone, fresh mozzarella, Kalamata olives, hot peppers, roasted peppers, cucumbers, red onions, mushrooms, grape tomatoes & red wine vinaigrette

SOUPS & SALADS

Pasta e Fagioli
Classic preparation
Chicken Noodle Soup
Al Fresco Salad
Romaine hearts tossed w/ cucumbers, tomatoes, red onions, carrots, mushrooms, roasted peppers, sun-dried tomatoes, black olives & fresh mozzarella in a balsamic vinaigrette
Garden Salad
Iceberg lettuce, tomatoes, onions, cucumbers, carrots & red wine vinaigrette
Calamari Capri
Baby arugula, fried calamari, red onions, tomatoes, roasted peppers, Kalamata olives & lemon vinaigrette
Caesar Salad
Romaine hearts tossed w/ a creamy Caesar dressing & Parmesan cheese topped w/ croutons

Kale Salad
Baby kale, carrots, red onions, sun-dried tomatoes, craisins, Asiago cheese & white balsamic vinaigrette
Arugula Salad
Red onions, chopped tomatoes, roasted peppers & Gorgonzola in a balsamic vinaigrette
Pan-Seared Shrimp Salad
Arugula, Kalamata olives, sun-dried tomatoes, red onions, cucumbers, artichoke hearts & pan-seared shrimp w/ garlic & roasted red pepper dressing
Spinach Salad
Bacon, mushrooms, red onions, carrots & chopped egg w/ a honey mustard dressing

ADD:

Grilled Chicken
Pan-Seared Shrimp
Grilled Salmon
Extra Dressing

HOUSE SPECIALTIES

Rosemary Garlic Chicken
Served over spaghetti Al Fresco
Chicken Genoa
Rose sauce, shrimp, scallops, crab, grape tomatoes & spinach, served over linguini
Grilled 14 Oz. Porterhouse Pork Chop
Served w/ Parmesan, potatoes & broccoli rabe
Chicken Giambotta
Grilled chicken, peppers, onions, mushrooms, hot peppers, potatoes, sausage & a balsamic glaze
Tuscan Grilled Chicken
Over broccoli rabe, roasted peppers & elephant garlic drizzled w/ balsamic reduction
Chicken Capricciosa
Panko crusted topped w/ mixed greens, fresh mozzarella, diced tomatoes, red onions & balsamic dressing
Pan-Seared Red Snapper
In a roasted garlic, tomato broth w/ mussels & clams served over spaghetti
Pan-Seared Spicy Shrimp
Over farro florentina w/ a balsamic reduction
Grilled Red Snapper
Over spinach, roasted peppers & mushrooms w/ elephant garlic
Tilapia Francese
Egg-battered, white wine & lemon butter sauce w/ chopped tomatoes over spaghetti
Salmon “Porto Fino”5
Served in a brandied lobster sauce w/ shrimp, scallops & crab over spaghetti
Cod Capri
In a garlic white wine sauce w/ mussels, clams, roasted tomatoes & spinach over spaghetti
Crab Stuffed Flounder
Over spinach & sun-dried tomatoes w/ potatoes
Grilled Salmon
Served over arugula, grape tomatoes, red onions & cucumbers w/ lemon vinaigrette

CHICKEN ENTRÉES

Chicken Yolanda
Marsala sauce, mushrooms, sun-dried tomatoes & mozzarella
Chicken Francese
Egg-battered in a white wine lemon sauce
Chicken Gorgonzola
Chicken in a creamy sauce w/ red onions, chopped tomatoes & Gorgonzola cheese
Chicken Laurie
White wine lemon sauce, roasted garlic, arugula & chopped tomatoes
Chicken Gamberi
Light white wine cream sauce, shrimp, artichokes, roasted peppers & black olives

Chicken Marsala
Marsala wine sauce w/ mushrooms
Chicken Trentino
Francese sauce, artichokes & roasted peppers
Chicken Sofia
Pink sauce, bacon, roasted tomatoes & spinach
Chicken Giardino
Rose sauce, prosciutto, red onions, mushrooms, baby kale & Asiago cheese
Chicken Saltimbocca
Wine sauce, prosciutto, spinach & fresh mozzarella

All Chicken Entrées Served Over Linguini

AL FORNO ENTRÉES

Baked Ziti
Ragú, ricotta, Parmesan & mozzarella
Stuffed Shells
Ragú, Parmesan & mozzarella
Ravioli
Ragú, Parmesan & mozzarella
Tortellini Al Forno
Pink sauce, Parmesan & fresh mozzarella

Lasagna
Ragú, ground beef, ricotta & mozzarella
***Eggplant Parmigiana**
***Chicken Parmigiana**
***Veal Parmigiana**
***Stuffed Eggplant Rollatini**

All Parmigiana Entrées Served Over Linguini

PASTAS

Penne Con Pollo
Pink sauce w/ chicken, onions, mushrooms, peas, sun-dried tomatoes, basil & Parmesan
Penne Vodka
Creamy pink vodka sauce
Linguini Puttanesca
Garlic, anchovies, capers, olives, plum tomatoes & fresh basil
Spaghetti “Al Fresco”
Fresh tomato sauce, prosciutto, onions, elephant garlic & arugula
Spaghetti
W/ meatballs or sausage
Rigatoni Gorgonzola
Creamy sauce w/ Gorgonzola, red onions & chopped tomatoes
Rigatoni Bolognese
Ground veal, onions, pancetta, carrots, demi-glaze, a touch of cream & Parmesan
Rigatoni Broccoli Rabe & Sausage (Red or White)
Broccoli rabe, sausage, olive oil, garlic & plum tomatoes
Fettuccini Florentina
Chicken, spinach, chopped tomatoes & onions in a pink sauce
Fettuccini Alfredo
Cream, butter & Parmesan
Cavatelli & Broccoli
Broccoli, Parmesan, broth, garlic & oil
Cavatelli Primavera
Pink cream sauce w/ fresh vegetables
Tortellini Della Casa5
Pink cream sauce w/ ham, red onions, mushrooms, peas & Parmesan
Angel Hair Calabrese
Sausage, roasted tomatoes, onions, spinach, garlic & broth
Angel Hair Marinara
Olive oil, garlic, plum tomatoes & basil

SEAFOOD PASTAS

Spaghetti “Ceccini”
Pink pesto sauce w/ shrimp, salmon, crab & sun-dried tomatoes
Linguine Pescatore
(Red or White) Garlic, plum tomatoes, mussels, clams, shrimp, scallops & calamari
Fettuccini Cardinale
Lobster cream sauce & scallops
Seafood Alfredo
Fettuccini w/ cream, scallops & shrimp

Shrimp Scampi
Linguini in a garlic white wine sauce
Shrimp Vodka
Penne & vodka sauce
Linguini Clam Sauce5
(White or Red Sauce)
Penne Amalfi
Roasted garlic sauce w/ shrimp, scallops, artichoke hearts & roasted peppers

KIDS MENU

Penne w/ Butter
Penne Ragú
Penne Ragú w/ Meatball
Penne Vodka
Fettuccini Alfredo
Baked Ziti
Macaroni & Cheese
Chicken Fingers
& French Fries

Chicken
Parmesan w/ Penne
Mozzarella Sticks
Ravioli w/ Meatball
Kid’s Combo
Chicken fingers, mozzarella sticks, & French fries
Apple Juice
Ice Cream
Chocolate or vanilla

LUNCH AVAILABLE 11 - 3 PM
Entrées • Pastas • House Specialties

Served w/ family style house salads along w/ our famous
Al Fresco’s dinner rolls.